

Expressing oneself creatively is a gift we all have.

"There is a vitality, a life force that is transmitted through you. There is an energy which is only you. This expression is unique. If you block it, it will die, never expressed."

- Martha Graham

Developing your creative self helps you to live your life in full expression, acknowledging the power in you.

"Our deepest fear is not that we are inadequate. Our deepest fear is that we are powerful beyond measure"

-Marianne Williamson

Free Your Creative Self for self exploration, self empowerment, creative expression and connection.

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Lynn Miller

(USA)

Has a master's degree in Expressive Arts Therapy, a practice that combines all of the art forms. She is an adjunct professor at Immaculata University in the music therapy

department. She is a staff member of Music for People, a music improvisation training program and is cofounder of Arts for People, a visual arts creativity course. Lynn has a private practice and non-profit organization, ExpressiveTherapy Concepts, with the mission of building community through the arts. Lynn has created community built mosaic murals, developed community arts parades and music groups and teaches arts programming worldwide. She works with diverse populations and ages. Lynn has received citizenship awards from her town and the state of Pennsylvania for her work with the community.



Marlise Binetti

(CH)

Has worked as an art therapist with physically disabled adults for close to 10 years. She originally studied special education

and arts at NTSU in Texas, where she received a teaching certification. Marlise is certified as an art therapist from the Institute for Humanistic Art Therapy in Zurich with emphasis on accompanied painting and Solutions Oriented Painting. Further, she continues intensive studies in improvisational dance and spirituality. She has organized and led courses in the area of adult education for 20 years.

Art for People

Freeing your creative self



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July 15 - 18, 2004

Creativity steps us out of the norm.

- This course is designed to help you become creative in everything you do, whether in the art studio, your home or in the workplace.
- Through visual art supported by movement and music you will not only create art, you will also develop skills in listening, communication and expression.
- This course promotes improvisational abilities and listening to the inner voice

Learning to "trust the process"

- let go of control, ego
- open creative blocks
- learn to listen to guiding voice

Develop visual art skills in

- painting
- clay
- mosaics
- 3-dimensional works.

Be courageous, playful, and follow your instincts!

The "Art House" is a supportive atmosphere for the experienced or trained artist as well as for the unexpressed one who knows in their soul they need to create but doesn't know where to begin. In the "Art House" we develop skills in listening to the intuitive voice and trusting the process through painting and a variety of three dimensional works in group and individual projects. The participant is invited to bring their favorite or most feared art supplies with them.

Paint, clay, pastels, fabrics, basic supplies and tools, mosaic materials, and found materials will be available.

Working on mutual projects and drawing on Lynn's and Marlise's experience, we will address special issues of large project logistics and working with and facilitating diverse populations, ages and sizes of groups, such as children, disabled, disadvantaged, or the aged.

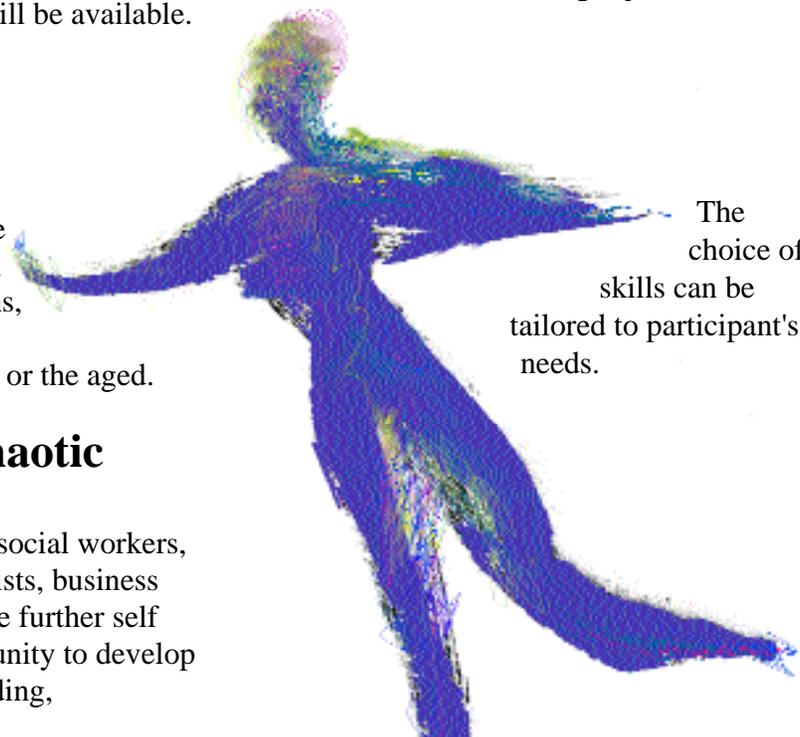
This is a creatively chaotic adventure.

This course will benefit teachers, social workers, artists, musicians, dancers, therapists, business people and anyone who would like further self development and have the opportunity to develop facilitation skills in art, team building,

communication. Art for People is for anyone who wants to build their relationship to their intuitive voice, deep listening and creative expression in their life for themselves and with others.

Where can I apply these skills?

- Team building
- Art therapy
- Senior centers,
- Schools
- Institutions
- Festivals and community beautification projects.



The choice of skills can be tailored to participant's needs.